

**Central Park Building**  
15601 South Central Avenue  
(708) 687-7270



**Don Gorman Rec Center**  
4412 Henry Street  
(708) 687-8882

## Oak Forest Park District Flag Football & Cheerleading FINAL Registration

**Day:** Wednesday, April 19th     **Who:** Kids 7-14 years old  
**Time:** 6:00pm-9:00pm     **Fee:** \$120.00/Player or Cheerleader  
**Location:** Central Park     \$30.00 Equipment/Volunteer Fee  
**Fundraising:** \$120.00 candy fundraiser OR  
[www.leaguelineup.com/offlagfootball](http://www.leaguelineup.com/offlagfootball)     \$70.00 buyout option



### Summer Day Camps

Registration for Summer Day Camps is now being taken.  
Sign up at the Park District!

<u>Camp</u>	<u>Grade/Age</u>	<u>Time</u>
Youth Day Camp:	Those entering 1st-5th grade	9:30am-3:30pm
Camp Quake:	Those entering 6th-8th grade	9:30am-3:30pm
Camp Care:	Those enrolled in Youth Day Camp or Camp Quake	7:00am-9:30am & 3:30pm-6:00pm
Camp Enterprise:	Those entering 1st-3rd grade	10:00am-1:00pm
Camp Little Tykes:	Those 2-3 years (by 1-02-17)	10:00am-12:00pm
Camp FunTime:	Those 3-5 years (by 9-01-16)	10:00am-1:00pm
Camp Little Critters:	Those 2-4 years	10:00am-12:30pm
Camp Curiosity:	Those 3-9 years	10:00am-1:00pm

*Check our brochure for pricing!*

### Adult Heartsaver CPR Classes

We offer CPR certification classes for those 16 and older. The class will certify you for two years on infant, child and adult CPR and will also cover AED. BLS classes also available. Contact Teagan at ext. 117 for more information.

<b>PROGRAM #</b>	<b>DATES</b>	<b>Who:</b>	<b>Location:</b>	<b>Day:</b>	<b>Time:</b>	<b>Fee:</b>
3035-2201	May 10	16 years and older	Central Park Building			
3035-2301	June 7		15601 S. Central Ave.			
3035-2401	July 12			Wednesday		
3035-2501	August 9				6:00pm – 10:00pm	\$40.00 R/NR

### Family Kite Fly

All ages are invited to join us for a day of fun! Bring your kite, and enjoy the sunshine. First 75 participants will be given a build-a-kite kit! Concessions will be available for purchase.

**When:** Saturday, May 6th  
**Where:** Jesk Park  
 155th & Ridgeland  
**Time:** 10:00am-2:00pm  
**Fee:** FREE!



### Golf Lessons and Classes

Available at the George Dunne Golf Course! Visit [www.oakforestparks.org/golf-at-george-dunne.html](http://www.oakforestparks.org/golf-at-george-dunne.html) for more information and prices!



## Sunday Funday at the Park District

9:00am-10:00am: Basketball #2524-2201  
 10:00am-11:00am: Soccer #2527-2201  
 11:00am-12:00pm: Track & Field #2521-2201  
 12:15pm-1:15pm: Volleyball #2526-2201

**Who:** 6-12 years  
**When:** Sundays—5/21-6/18  
**Fee:** \$59.00 R/NR



## Balloon Ball—Kids First

Balloon Ball is played like soccer with kids being allowed to pick up the ball and run with it, throw it, or kick it in one of the two goals for a score. The action is a bit faster, with fewer rules than soccer, so kids are not being corrected as much in this new fast pace game.

**Who:** 4-5 years  
**When:** Thursdays—4/27-5/25  
**Time:** 5:00pm-6:00pm  
**Fee:** \$59.00 R/NR  
**Program #:** 2520-2201



## Homeschool Fun and Fitness

Kids First Instructors will be running this fun class, where kids will be introduced to a new sport each class. Once the instructor feels that the children have a handle on the rules, they will begin playing games. Choose between 1 day a week (Tuesday or Thursday) or 2 days a week (Tuesday and Thursday).

### Tuesdays

**PROGRAM #** 2550-2201  
**DATES** 4/25 – 5/23  
**Who:** 5-12 years  
**Time:** 11:30am-1:00pm  
**Location:** Gymnasium

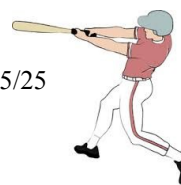
### Thursdays

**PROGRAM #** 2550-2202  
**DATES** 4/27 – 5/25  
**Fee:** 1 day: \$59.00  
 2 days: \$108.00

## Baseball Training—Kids 1st

Kids First Certified Coaches offer a Baseball training program to properly prepare kids for the upcoming season. Baseball Training includes: Player safety and fundamentals preparation, individual Baseball skills, techniques on: fielding, hitting, throwing and running; Plus- game rules and sportsmanship followed by playing games

**Who:** 5-10 years  
**When:** Thursdays—4/27-5/25  
**Time:** 6:00pm—7:00pm  
**Fee:** \$59.00 R/NR  
**Program #:** 2520-2201



## Open Gym

Check out [www.oakforestparks.org](http://www.oakforestparks.org) for the Open Gym Basketball Schedule. \$2.00 for residents and for those who attend Oak Forest Schools (must present a drivers license or school ID). \$5.00 for non-residents.

\*Schedule can be subject to change without notice\*

## Boards By You - Paint Night

We will be hosting three paint nights, where participants get to choose from designs, choose their paint color, and enjoy a fun night out! There will be examples of each session's options at the Park District's Front Desk prior to class registration.

PROGRAM #	DATES	REGISTER BY
3032-2201	6/8	5/25
3032-2301	8/10	7/27



**Instructor:** Christy Newell; Life Expression Décor  
**Who:** 14 years & older **Where:** Central Park Building  
**Day:** Thursdays **Time:** 7:00pm – 9:00pm  
**Fee:** 1 sign - \$30.00 2 signs - \$48.00  
 3 signs - \$64.00

## El Morro and Forest Trails

will open May 14h! Be sure to check out our Special Events and what movies we will be playing this year for Movie In The Park!

